

Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Blood Type \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Work \_\_\_\_\_  
Cell \_\_\_\_\_

**In Case of Emergency (I.C.E.) Contacts:**

Name \_\_\_\_\_  
Phone \_\_\_\_\_ Relationship \_\_\_\_\_  
Name \_\_\_\_\_  
Phone \_\_\_\_\_ Relationship \_\_\_\_\_  
Doctor: Name \_\_\_\_\_  
Phone \_\_\_\_\_

**List Specialist Names and Type** (i.e., cardiologist, oncologist)

\_\_\_\_\_  
\_\_\_\_\_

**Pharmacy:** Name \_\_\_\_\_  
Phone \_\_\_\_\_

**Vaccines:** (Date of Last)

Flu \_\_\_\_\_ Hepatitis B: ☐ Yes ☐ No ☐ Don't Know  
Pneumonia \_\_\_\_\_ Tetanus \_\_\_\_\_  
Other Vaccinations \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Tobacco Use:** ☐ Yes ☐ No

If Yes, type: cigarettes, chew, cigar, pipe Amount per day: \_\_\_\_\_

**Drug Allergies** (What Happens When I Take It)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medical History and Surgeries**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date Info Updated: \_\_\_\_\_



**Medication Information**  
and Other Details

IHAcares.com

### Current Medications and Over-the-Counter Products

Keep this list up to date and take to all health care visits.